



SHAMMY'S CAT ATTACK KITTY MORSELS

- 1/2 cup canned mackerel, salmon or sardines packed in water, drained and crumbled
- 1 cup whole grain bread crumbs
- 1 tablespoon vegetable oil or bacon grease
- 1 farm fresh egg, beaten
- 1 teaspoon dried catnip
- 1/2 teaspoon brewer's yeast (optional)

1. Preheat oven to 350 degrees.
2. Combine all ingredients; mix well. Drop dough by 1/4-teaspoonfuls onto a greased cookie sheet, 1 inch apart.
3. Bake for 8 minutes. Cool morsels and store, covered, in the refrigerator. These freeze well too.

Give these morsels as a treat when kitty has been especially good. Brewer's yeast is an excellent source of essential fatty acids and B-complex vitamins for a glossy coat. It's also known to prevent fleas.